



May

ThinkHealth News 2024

Software Thinking and Standing with You



Mental Health Awareness Month



Customers Hot Topic

Explore ThinkHealth at the Conferences



Children's Behavioral Health Conference
May 7 - May 9

Embassy Suites Convention Center Hotel, Norman

[Click Here for More Information](#)



Summer Super Summit
May 9 - May 10

Embassy Suites, Meridian OKC

[Click Here for More Information](#)

Agency Events and News

Self-Care Saturday: An Event by Self-Care Savvy

Self-Care Savvy will be hosting "Self-Care Saturday" at Kiefer Park on May 18th from 5-9pm. To provide this opportunity for the community to get out and join us in promoting and prioritizing mental and physical wellness

[Click Here for More](#)



Delma's Workshop: Nurturing Inner Peace through Mindfulness and Meditation

Learn practical techniques to quiet your mind and cultivate a sense of peace within. This in-person event is a fantastic opportunity to connect with like-minded individuals

[Click Here for More Information](#)



Pajamas, Pearls & Perspectives - A Mental Health & Well-Being Conversation

During the month of May, which is Mental Health Month, we've set aside a few hours to allow us to refresh and recharge our minds, spirits and souls. A panel of speakers will share their perspectives on Mental Health and Well-Being and encourage open conversation.

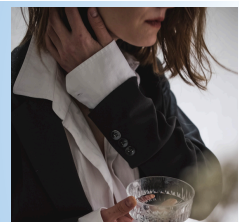
[Click Here for More Information](#)



Harmony in Haute: A Showcase for Mental Health

Celebrate Mental Health and Wellness Month with us at I lkaa's Fine Art Gallery and Atelier on May 25th, 2024, from 5:00 pm to 7:00 pm! Be sure to be on time! The Mental Wellbeing -Fashion Show will showcase the latest fashion trends, celebrating and empowering models of all ages, shapes, and sizes.

[Click Here for More Information](#)



Transition to Managed Care Organizations (MCO)

Are you struggling with the transition to SoonerSelect?
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NEWSLETTER HIGHLIGHTS

MOVIE FILMED IN OKLAHOMA EXPLORES MENTAL HEALTH IN TEENAGERS

"What Rhymes With Reason" is a faith-based film that explores mental health in teens. It was produced by Virgil Films and Reckless Abandonment Films.

The production was shot entirely in Oklahoma in 2023 and is described as a cross between the Goonies and The Breakfast Club.

Film director Kyle Roberts said that when he learned that suicide was the number one cause of teen deaths, he was inspired to make this film. Roberts joins us on the Arca Continental Coca-Cola Southwest Beverages Porch to talk about "What Rhymes With Reason."

[Click here to learn more about the movie.](#)

[Click here for more information about youth mental health in Oklahoma.](#)

Appalachian Behavioral Healthcare to Host Community Mental Health Expo on May 18 to Celebrate 150 Years of Serving the Mental Health Needs of Southeastern Ohio

Appalachian Behavioral Healthcare (ABH) is hosting a Community Mental Health Expo to celebrate 150 years of serving the mental health needs of Southeastern Ohio. The public is invited to visit the hospital located at 100 Hospital Drive in Athens on Saturday, May 18 from 11:00 a.m.-3:00 p.m. The Expo will feature speakers, informational displays, a rare, behind-the-scenes tour of the hospital's treatment mall, food trucks, a patient art show, and more.

ABH is one of six regional psychiatric hospitals operated by the Ohio Department of Mental Health and Addiction Services (OhioMHAS). The 92-bed hospital provides psychiatric care to civil and forensic patients from 17 counties, including: Adams, Athens, Coshocton, Fairfield, Gallia, Guernsey, Hocking, Jackson, Lawrence, Meigs, Morgan, Muskingum, Noble, Perry, Scioto, Vinton, and Washington.

[Click Here for More Information](#)



Mark Your Calendar

May 6 - May 10

[Teacher Appreciation Week](#)

May 12

[Mother's Day](#)

May 15

[International Day of Families](#)

May 18

[National Museum Day](#)

May 22

[World Goth Day](#)

May 26

[National Wine Day](#)

May 27

[Memorial Day](#)

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